

SUMMING IT UP AT SOMERSET



*Somerset Retirement &
Assisted Living*
2025 Tibbetts Dr.
Longview, WA 98632
(360)423-7392

OCTOBER 2011

MONSTER BASH

Halloween and all the spooky stuff is just around the corner. We will be having a Monster Bash and are looking for more of those crazy costumes. So put on your thinking caps and start creating your costume. There will be guaranteed laughs, food, prizes, entertainment and fun!

DATE: Monday, October 31st, 2011

TIME: 1:30 pm

ATTIRE OPTIONAL: Dress up in a cute, scary, wild, or crazy costume. If you would like to borrow a disguise, see Linda.

GREET TRICK OR TREATERS

The evening of Halloween will be loads of fun as residents are encouraged to gather in the lobby area to greet the children that Trick or Treat at Somerset. There will be bags of treats to share with the little "goblins". Invite your family and friends to bring their children for treats.

DATE: Monday, October 31st

TIME: 6pm to 7pm

TREATS: Somerset will provide treats

UPCOMING EVENTS

October 5th- Music & Song by the Musical Grandma's at 1:30

October 6th- Free Scooter & Walker Repair at 10:30

October 6th- Birthday party with music & song by Hal & Cheryl at 1:30

October 11th- Music & song by Ron Williams at 1:30

October 12th- Music & Song by Bill Price at 1:30

October 13th- Information about Supplement Heath Care at 1:30

October 16th- Music & song by the Castle Rock's Men's Ensemble at 1:30

October 18th- Piano Music by Stan at 1:30

October 19th- Pet Visit by Angel at 1:15

October 19th- Social Hour with Charlene & Wayne at 2:30

October 20th- Piano Music & Song by Kathy Jones at 2:00

October 25th- Travel Time with Jean Lancaster at 1:30

October 26th- Banjo Music & song by Eric & Friends at 1:30

October 31st- Monster Bash Party & Music by Cowboy Kevin at 1:30

October 31st- Trick or Treat in the lobby from 6 to 7 PM

A SMALL MISCHIEF MAKER

My daughter, AnaEliise, is now 21 months. She is quite different from her older sister. Ailie was talkative and calm. AnaEliise is quiet, stealthy, and full of trouble. We have recently made the scientific discovery of "Wet". AnaEliise, who is part mountain goat, managed to climb on the dining room table and pour Ailie's cereal milk on the floor. She then shimmied down from the table, took off her socks and shoes and tip toed, danced and stomped through the milk all over the kitchen floor and down the hall, all the while singing "Wet! Wet! Wet!". Where was mommy? 10 feet away, around the corner helping Ailie get ready for school..... thus why I call her stealthy. We didn't hear a thing till she started singing.

A couple of days later, Ailie and I were working on homework on the kitchen island. AnaEliise was happily buzzing around playing with cars, when all of the sudden she was quiet. I got up to investigate. She was hiding on the other side of the island. She had pulled a bunch of bananas on the floor and was using her daddy's shoe horn to pry open the bananas and scoop the fruit out! Well, at least I know she'll never go hungry.

Then when she was at grandma and grandpa's house, she followed grandpa into the bathroom where she discovered the toilet paper dispenser. Grandpa turned around to see the toilet paper unwinding out the door. Grandpa followed the paper and spied AnaEliise walking down the hall. Grandpa yelled, "AnaEliise!". She took one look at grandpa, smiled and ran! All the while holding on to the toilet paper. Grandpa gave chase. He said it took quite awhile to rewind the whole roll. What a mess! At least I'm not the only one she causes mischief around. My husband and I know that a quiet girl equals a big mess. We have decided we may have to tie a bell on her to help keep track of her activities. I can't wait to see what she'll think up next.

IN LOVING MEMORY OF A DEAR FRIEND

Irene Storer

May 17th, 1917

to

September 7th, 2011



COOKIE REWARD

Every morning during exercises our two dear friends, John Christopherson and Helen Whitcomb, beg for exercises to stop so that they can consume cookies and coffee. It has become a tradition in the group to just let them whine. Actually, we get great laughs because of their antics. Recently, Linda teased the group when she engineered a cookie on a string, which Preston dangled in front of John's nose. It wasn't long before we were all rolling in laughter. What an amazing fun time is had in the mornings at exercise and ball time. Come join us every Tuesday, Wednesday and Thursday at 9:30 for an hour of fun.

NO LOW CALORIE STUFF

UUUUMMMM Good. That was our favorite afternoon word as we munched, smacked and nibbles on the fresh picked candy corn. The corn was grown in Woodland and picked that morning. Linda shucked it and the kitchen cooked it and it was rolled in butter and served to the waiting crowd of excited residents. The group found it amazing how sweet the corn and everyone is hoping that we have another corn feast before winter arrives.





A Grand Outing

One fine and very hot day in September, Somerset residents enjoyed horse drawn carriage rides through the quiet streets of Longview. Our carriage was drawn by Roy, A French Percheron Draft Horse. Teresa Ritchey, Roy's mistress, described Roy as a finely trained athlete, "who enjoys nothing more than working hard and taking people on rides." We even learned that Roy has an extra gland, allowing him to keep cool easier!. Roy and the rides were the talk of Somerset for weeks.



EMPLOYEE OF THE MONTH

Let's give a big cheer for Linda Gamble, Activities Director, for being employee of the month.



Be sure to let her know how much we appreciate all her hard work.

BUBBLES EVERYWHERE!

Residents enjoyed a bubbly good time on the patio one afternoon. There's nothing better than bubble blowing to bring back our childhood.



Irene and Doris huff and puff to make bubbles.



Kaiser Flu Clinic for Kaiser Patients

**Saturday October 8th, 15th and 22nd
9am-1pm Conference Room 6**

**Monday-Friday October 10th-21st
8am-4:30pm conference Room 6**

If you need transportation, please sign-up at Somerset's Front Desk for either Tuesday the 11th or Tuesday the 18th. We will take residents over in groups. Time to be determined later.

Somerset Flu Clinic for Non-Kaiser Residents

Come fill out your paperwork. Bring your photo ID, Medicare Card, and any other insurance cards you may have.

DATE: October 3rd

TIME: 10:00-2:00

LOCATION: Mariisa's office 1st floor

Please note: All residents on Assisted Living services- Nurse Jenn has already taken care of your paperwork.

Come get your flu shot:

DATE: October 6th

TIME: 1:00 to 3:00pm

LOCATION: Mariisa's office 1st floor



The Holidays are fast
approaching and so is our
annual Winter Wonderland
Bazaar!

Friday, November 18th, 2011
from 9:00 to 3:00

If you would like to reserve a table, be sure to let Linda in Activities know. Tell your friends and family to drop by for great holiday shopping. Somerset will be selling our famous candies and fudge. Let Liz in the kitchen know if you want a special treat reserved for you. See you there.

Somerset

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